Administrative Rule

**INTERSCHOLASTIC ATHLETICS/**

**DRUG TESTING**

*Code* **JJIE-R** *Issued* **DRAFT/19**

Drug testing for student participating in the district’s interscholastic athletic programs will be conducted by the SAMHSA-certified laboratory selected by the district.

Drugs tested for will include: **(*Drafter’s* *Note: The substances listed below are for illustrative purposes only. Consult your testing laboratory to populate this list.*)**

* alcohol
* performance-enhancing substances, including anabolic steroids
* marijuana and synthetic cannabinoids
* cocaine
* methaqualone
* benzodiazepines
* phencyclidine (PCP)
* methadone
* barbiturates
* propoxyphene
* amphetamines
* opiates
* metabolites of any of these substances

Cut-off levels for positive results will be those established by the Substance Abuse and Mental Health Services Administration (SAMHSA) of the United States Department of Health and Human Services (DHHS).

**Student Selection Process**

The number of tests conducted annually will be dependent on funding as allocated by the board. For each test date, using a random selection method, the superintendent or his/her designee will generate a list of names of students to be tested. At least one student from each interscholastic athletic team will be tested on each test date, however, no more than 20 percent of students participating on any given athletic team will be selected to test on the same date.

**Testing Procedures**

Students will be notified that they have been selected for testing no more than fifteen (15) minutes before testing procedures begin. Students will be escorted to the testing location by a district staff member, will remain under staff member supervision at all times, and will not be permitted to leave the holding area at any time prior to the test being conducted. Students will be asked to empty their pockets before entering the restroom and will not be permitted to take any personal belongings with them into the restroom (e.g. bookbags, purses, jackets, etc.).

All samples will be collected following SAMHSA guidelines. Personnel from the testing laboratory will conduct testing; however, a district staff member of the same gender as each student tested will remain in the vicinity of testing at all times. During urine sample collection, students will maintain personal privacy equal to or greater than the conditions experienced in a public restroom and will produce a sample in a closed restroom stall.

*Shy bladder procedure*

If a student is unable to produce a urine sample, he/she will be given a reasonable amount of fluid to drink distributed reasonably through a period of up to three (3) hours [i.e. an eight-ounce glass of water every thirty (30) minutes, not to exceed 40 ounces over a period of three (3) hours]. The student is not required to drink the fluids offered during the waiting period. The student will remain under observation by a district staff member for the duration of the waiting period. If the student remains unable to produce a sample before the expiration of the three (3) hours, it is deemed a refusal to test.

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